

# The Top Food and Beverage Trends of 2024

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## What's in Store for 2024?

Global food and drink trends are in a constant state of evolution, shaped by shifting consumer lifestyles, diverse health requirements, economic factors, and the hope for a more sustainable future.

Despite the current inflationary environment, more than three quarters of consumers are excited about new food and beverage trends in 2024. They are increasingly seeking value-driven products while pioneering a new approach to healthy aging, affordable indulgences, convenience, and their engagement with technology.

We keep a close eye on the newest product releases, market intelligence reports, data sources, and social media buzz to bring you our curated predictions for 2024.

Gain an exclusive look into our thoughtfully crafted insights, designed to empower you in innovating and launching exceptional products.

## **NEW NOSTALGIA**

Consumers' cravings for nostalgic foods will significantly drive flavor innovation and new product development in the years ahead.





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**Dessert-Inspired** 

Aging-Up Nostalgia







Classic comforts from childhood such as PB&J, s'mores, candy, and breakfast-based flavors are resurging in elevated new formats.



Decadent dessert profiles featuring strawberry, vanilla, and chocolate are will remain in fashion as brands look to elevate their current portfolio. To help alleviate consumer stress, brands are redefining comfort with contemporary twists that evoke elements of fun and excitement.



Brands can appeal to mature audiences by meeting the demand for sophisticated, convenient, and nutritionally enhanced options.





### **STRAWBERRY CHEESECAKE**

87.1068

Flavor Trend: New Nostalgia Strawberry dessert-inspired with sweet, jammy, vanilla, and creamy notes.

Form: liquid Notes: strawberry, creamy, buttery, vanilla, slightly jammy, sweet Suggested Flavor Usage: 0.10% - 0.30% Claims: natural, non-GM, kosher, allergen-free, vegan, prop 65 free

### Innovative Solution for..

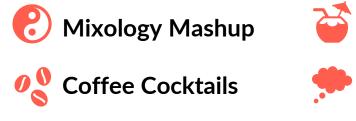
cakes, cookies, baking mixes, confection chews, icing, and more!

Our signature flavors can be optimized in a variety of food and drink applications.

# Strawberry Cheesecake

## **SOPHISTICATED SIPS**

Mixologists will push boundaries in the adult beverage space as premium trends point to cross-over creations that deliver elevated sensory experiences.







Latin Libations







Classic drink categories are becoming increasingly blurred by the emergence of wine cocktails, dessert drinks, hard kombucha, tea and soda.



Spirits, liqueurs, and cocktails originating from Latin America and the Caribbean are rapidly gaining traction among consumers. From Espresso Martinis and Irish Coffee to Cold Brew Negronis and Spanish Carajillo, coffee will surge as a prominent ingredient in cocktails.

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Brands are reimagining the sober curious movement with low/no drinks that cater to the demand for variety, fun, and mindfulness.





### **PRICKLY PEAR**

### 33.782

**Flavor Trend:** Sophisticated Sips Bright and fruity, layered with apple and sweet melon-like notes.

Form: liquid Notes: bright, green, crisp, notes of apple, pear, melon Suggested Flavor Usage: 0.05% - 0.20% Claims: natural, kosher, allergen-free, vegetarian

### Innovative Solution for..

flavored alcoholic beverages, hard seltzers, mocktails, soft drinks, and more!

# **Prickly Pear**

## **MENU REFRESH**

The hottest menu trends poised for 2024 will offer consumers novel taste experiences, allowing exploration of new dishes, ingredients, and flavors.



Comfort-seeking consumers are exploring hearty stews, savory soups, and cooked cheeses with unique regional ingredients.



Fast-casual menus saw triple-digit growth in flavorful chicken wings featuring diverse regional and international barbecue styles.

Fueled by demand for focus-enhancing products, energy drinks were cited as one of the fastest-growing items at Top 500 chains in 2023.

Restaurant dishes are achieving viral status, leading to the introduction of new menu items, flavors, and limitedtime offers.

Source: Technomic. Datassential











### **KOREAN BBQ**

82.3218

Flavor Trend: Menu Refresh

A worldwide blend of zesty and savory seasonings often found in Korean cuisine.

#### Form: powder

Notes: spicy, pepper, fermented, soy sauce, sesame, garlic, onion, savory, slightly smoky, caramelized Suggested Flavor Usage: 5.0% - 10.0% Claims: natural, kosher, vegetarian

### Innovative Solution for..

savory snacks and mixes, sauces, marinades, seasonings, prepared meals, and more!

# Korean BBQ

## SAVORY MOVEMENT

Innovative savory flavor pairings that captivate consumers' taste sensations will unfold across a series of new product lineups.





U Sour Flavors





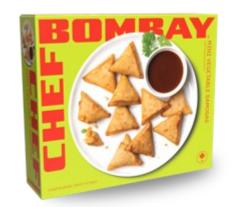




Bold, umami-rich flavors have witnessed 66% growth on U.S. menus since 2019, delivering depth to familiar dishes.



Savory creations featuring sweet profiles like maple, honey, bacon, and mango are creating upscale twists in new product categories.



From vinegar varieties to exotic fruits, sour tastes are taking center stage by delivering thoughtful flavor nuances that enhance food and drink.



Specialty global chili and pepper varieties such as Scorpion Pepper, Gochujang, and Harissa are heating up in global launches.







### **MAPLE HARISSA**

82.3605

Flavor Trend: Savory Movement

Garlic, pepper, and brown maple notes comprise this sweet and spicy flavor fusion.

#### Form: powder

Notes: pepper, onion, garlic, spicy, brown, maple, slightly herbal, smoky Suggested Flavor Usage: 5.0% - 10.0% Claims: natural, non-GM, vegan, kosher, allergen-free

### Innovative Solution for..

sweet and savory snacks, crackers, dips, seasonings, and more!

# Maple Harissa

## **HER WELLNESS**

Food and drink brands are strengthening emphasis on products designed to support the evolution of women's health needs across different life stages.





Reproductive Health Menopause Support





Women are pioneering a new approach to healthy aging by turning to products that compliment a healthy and active lifestyle.

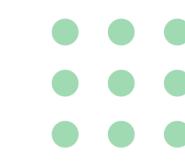


90% of women say that solving a menstrual or menopause symptom improved overall quality of life.



Opportunity exists for food and beverage products that promote fertility and support reproductive health.





Social conversations of menopause across food and beverage increased 55% in 2023, presenting a major untapped opportunity.





### **POMEGRANATE HIBISCUS**

46.321

Flavor Trend: Her Wellness

Hints of red berry, floral, and spicy undertones complement this tropical flavor fusion.

Form: liquid Notes: bright, fruity, sweet, red berry, floral, spicy undertones Suggested Flavor Usage: 0.10% - 0.50% Claims: natural, non-GM, vegan, kosher, vegan, allergen-free, prop 65 free

### Innovative Solution for..

functional products, shakes and smoothies, gummies, yogurt, and more!

Our signature flavors can be optimized in a variety of food and drink applications.

# Pomegranate Hibiscus

## **PLANT POWERED**

The next wave of plant-based innovation will extend beyond conventional alternatives, incorporating novel ingredients, formats, and functionality.













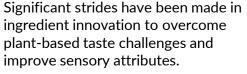
50% of global consumers say that familiar culinary formats are important for them when buying plant-based products.



Alternative proteins, blends, and base ingredients featuring buckwheat, fungi, hemp, and coconut will further emerge in new plant-based launches. Vegetables are reclaiming the ingredient spotlight as more consumers explore vegan alternatives and opt for cleaner labels.







Source:Innova Market Insights





### **OATMEAL COOKIE**

### 63.571

Flavor Trend: Plant Powered

Permissibly indulgent take on an iconic cookie with sweet vanilla, caramel, and cinnamon notes.

#### Form: liquid

Notes: sweet, vanilla, molasses, brown, caramellic, slightly cinnamic Suggested Flavor Usage: 0.10% - 0.30% Claims: natural, non-GM, vegan, kosher, vegan, allergen-free, prop 65 free

### Innovative Solution for..

protein bars and bites, dairy and non-dairy nutritional beverages, plant milks, ice cream, and more!

# **Oatmeal Cookie**

## **AI REVOLUTION**

The food industry is experiencing rapid transformation as artificial intelligence revolutionizes the way that brands and manufacturers operate.





🎽 Sustainable Future









Al helps brands develop new products by analyzing extensive data from flavor, menu, and market trends.



Brands are leveraging AI for consumer insight that will generate personalized, proactive experiences and drive customer engagement.

Al fosters a more sustainable food system through personalized nutrition, food waste reduction, supply chain optimization, and other initiatives.

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Al will change the way consumers meal plan, shop, and cook by unlocking new digital conveniences.

# **Request Our Flavors**



Strawberry Cheesecake



Prickly Pear



Korean BBQ



Harissa



Pomegranate Hibiscus

Oatmeal Cookie





We'd love to help you leverage these flavor trends for your specific product, customer, and brand.

Available in both liquid and powder form.

www.flavorchem.com | contact@flavorchem.com | (800) 4 - FLAVORS



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### www.flavorchem.com info@flavorchem.com





### Headquarters

1525 Brook Drive Downers Grove, IL 60515 (630) 932-8100

## West (USA)

271 Calle Pintoresco San Clemente, CA 92672 (949) 369-7900



## Europe





Room 212, Floor 2, 696 Weihai Road Jing'an Dist, Shanghai, China, 200041 +86 216 154 5903

Asia